



AAU TAEKWONDO at ESPN International Martial Arts Festival October 24th through 27th 2019 ESPN Wide World of Sports Complex

Event	Check In	Competition
Individual Sport Poomsae (10-11yr old)	Thursday October 24	ALL (incl Finals): Friday October 25
Individual Sport Poomsae (12yrs and older)	Thursday October 24	Prelim & Semi Finals: Friday October 25 Finals: Saturday October 26
Mixed Pairs Sport Poomsae	Thursday October 24	ALL (incl Finals): Friday October 25
Freestyle Sport Poomsae	Thursday October 24	ALL (incl Finals): Friday October 25
Olympic Style Sparring	Friday October 25	ALL Divisions: Saturday October 26
ITF Traditional Forms	Saturday October 26	Sunday October 27
WT Traditional Forms	Saturday October 26	Sunday October 27

TSD Traditional Forms	Saturday October 26	Sunday October 27
Open Traditional Forms (ITF/WT/TSD together)	Saturday October 26	Sunday October 27
Traditional Weapons Forms	Saturday October 26	Sunday October 27
Creative Weapons Forms	Saturday October 26	Sunday October 27
Open Board Breaking	Saturday October 26	Sunday October 27
Repetitive Hand Breaking	Saturday October 26	Sunday October 27
Repetitive Spin Hook Kick Breaking	Saturday October 26	Sunday October 27
Repetitive Side Kick Breaking	Saturday October 26	Sunday October 27